Extractions

We will always try to save a healthy tooth. However sometimes it does become necessary to take a tooth out. For instance when a tooth has a very large hole in that cannot be fixed by your dentist.

This procedure is typically very quick. **We will ensure you have the most comfortable experience possible**. It is important to share with your doctor any worries you may have.

Dentures

Dentures are used to replace lost or missing teeth. People wear dentures so they can enjoy a healthy diet and smile with confidence. They can be used to replace one tooth or all teeth. The latter is a full denture, which can also provide support for cheeks and lips. Dentures can be either acrylic (plastic) or metal in nature.

Fillings

**Composite (Tooth coloured) Fillings**

Technological advances have rendered cosmetic white fillings as strong and reliable as the traditional mercury amalgam fillings. White fillings are available in a variety of shades in order to ensure that the colour of the filling matches the shade of the tooth. This provides a more natural appearance. Composite resin can also be used to build up and recontour teeth, as well as change their shape and close selective spacing, enhancing the overall form and aesthetics of the mouth.

Amalgam (Silver) Fillings

Amalgam fillings are silver coloured. They are made by combining mercury and a silver alloy. Amalgam is long lasting, hard wearing and economical to use. This kind of filling is normally used on the back 'chewing' teeth.

Root Canal Treatment

Root canal therapy (RCT) is a technique used to retain a tooth with an irreversibly damaged nerve, so that it can be saved and remain functional in the mouth. Nerve damage is usually caused by bacterial invasion of the pulp due to decay, resulting in an infection that spreads through the root canal system of the tooth, eventually leading to an abscess. The aim of the treatment is to remove all infection from the root canal, then clean and fill the root canal system. Once all the infection has cleared, the tooth is permanently restored, and may require a crown due to provide extra strength to the weak remaining tooth structure. This tooth is then examined and reviewed at regular check ups to ensure its integrity is intact.

Periodontal Treatment

Gum disease (periodontal disease) is the leading cause of tooth loss in adults. Its treatment and control is the single most important factor underpinning all aspects of dentistry. Gum disease is caused by excessive bacterial accumulation in the mouth, and along the gum margins, in a biological medium better known as plaque

Gum disease can be incredibly painful, and if allowed to progress, can result in destruction of the underlying bone, recession of the gums, abscesses, mobility, and the premature loss of teeth

At The Walk-in Dental Centre our dentist will work closely with the patient, to decelerate and stabilise the effects of gum disease. Treatment involves the thorough removal of plaque and hard deposits, and the use of topical antimicrobials in specific cases. We support patients in developing a regular maintenance programme, both at home, and in conjunction with our dentist.

Crowns and Bridges

A crown (cap) is a covering that encases the entire tooth surface, thus restoring it to its original shape, size, and colour. A crown protects and strengthens tooth structure that cannot be restored with fillings or other types of restorations. The tooth is gently prepared in order that the remaining tooth provides a strong base, onto which the crown is bonded. There are several types of crowns, including high strength ceramic, a combination of metal and ceramic, or a high gold alloy alone. All ceramic crowns, made of materials such as E-max, can produce near perfect aesthetic results when constructed in harmony and conjunction with our ceramist. However, we will discuss and recommend the crown that best suits your dental and aesthetic needs.

Why might I need crowns?

* To improve your smile
* To protect a tooth that has fractured
* To prevent a tooth from breaking after a [**root canal**](http://devonshirehousedental.co.uk/root-canal) filling
* To protect a large filling

A bridge is a fixed non-removable restoration that is used to replace missing. Teeth adjacent to a space are prepared, and the bridge is made linking the false tooth to the crowns as one unit. This is then bonded into place such that it functions like the original teeth. There are several different types of bridges. Once we have discussed your needs and examined you, we will discuss and recommend the best options for your particular case. Dental bridges are highly durable and will last many years provided you look after them and maintain a good oral hygiene and dietary program.

Bridges can be used to:

1. Fill space of missing teeth
2. Maintain facial shape
3. Prevent remaining teeth from drifting out of position
4. Restore chewing and speaking ability
5. Restore your smile

Upgrade from a removal partial denture to a permanent dental appliance

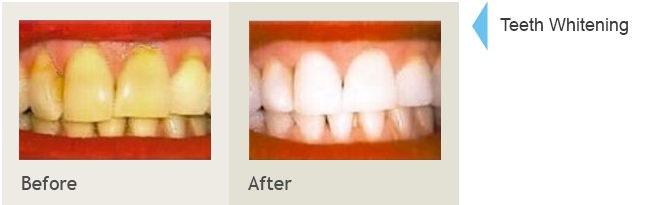
**Teeth Whitening**

Now you can whiten your smile with our custom fitted whitening trays in the comfort of your own home. These treatments can lighten discoloured teeth caused by tea coffee smoking, medication or smoking. You’ll notice your dazzling new smile… and so will everyone else! Tooth whitening works best on yellowing teeth, but has also produced extravagant results on mottled teeth, and those with a grey/brown appearance caused by antibiotics. Dental whitening is a non invasive technique that does not in any way weaken or damage the tooth. It is one of the most simple but effective treatments available in cosmetic dentistry today.

**7 things you want to know about tooth whitening:**

1. Teeth naturally darken with age. This can be made worse by lifestyle habits such as smoking, and drinking coffee, tea and red wine.
2. Whiter teeth make you look on average 13 years younger.
3. Whitening does not damage the teeth.
4. Tooth whitening can cause some teeth to become sensitive. This is generally mild in most people and disappears after the treatment is stopped.
5. The best results are elicited from a recommended course of home whitening.
6. Whitening gels only lighten the colour of the tooth, and will not affect fillings, crowns and veneers, which may need to be replaced after the teeth have been whitened.
7. Whitening products available over the counter, such a whitening strips, and toothpaste, are just a gimmick – they do not whiten the teeth on a permanent basis.

**Teeth Whitening**



Facial Aesthetics

Botox Wrinkle reduction and Derma Fillers at The Walk-In Dental Centre. Botox is a virtually pain free, non surgical wrinkle-reduction technique, giving you that beautifully rejuvenated wrinkle-free complexion. Botox reversibly relaxes muscle tissue, which can be successfully used to combat ageing associated with gravity and sun exposure. It is usually applied in conjunction with hyaluronic acid dermal fillers to the areas around the face where dermal collagen has deteriorated, and hydration has diminished, such as the lips, forehead, neck lines, eye area, and folds surrounding the nose and mouth. Botox, together with dermal fillers, can achieve a youthful facial appearance when deep tissue breakdown has occurred. Treatments times vary from 5-20 minutes and may need to be repeated before the desired result is achieved.